

BANYAN TREE

SPA

MENU





Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award-winning Banyan Tree Spa experience.

# Sense of Tranquility

Calm your mind and draw in the tranquility of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Leave the cares of the world behind as you enjoy an herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.



## Please take a moment to read this

### Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

#### Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

#### Check-in

We recommend that you check in at spa reception at least 15 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment expectations and gives you ample time to visit the spa's facilities. Please understand that late arrivals will not receive an extension of scheduled treatments.

#### **Valuables**

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

# Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

# Cancellation Policy

Please allow 24 hours notice of cancellation to avoid charges. Cancellations within 24 hours will incur a 50% charge. Cancellations within 12 hours or a no-show will incur a 100% charge. A credit card number is required at the time of booking.

### Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

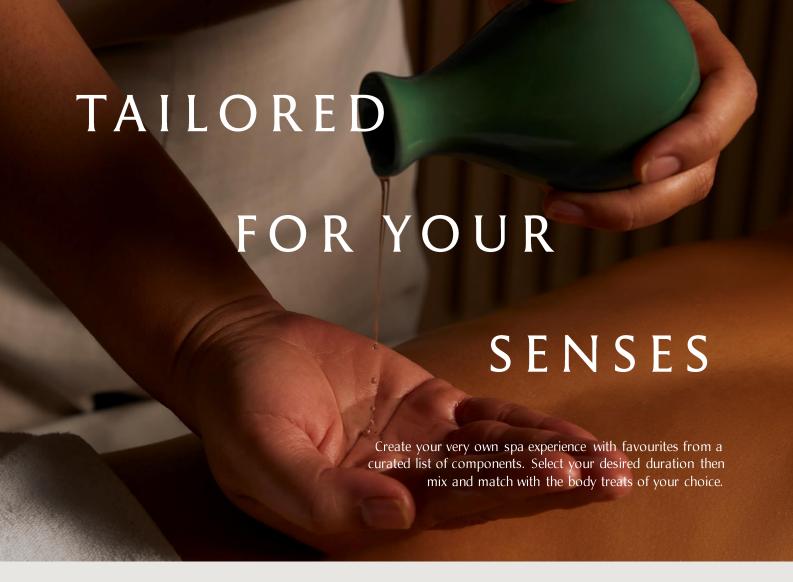
#### Gift Certificate

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

#### Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

OPENING HOURS: MON – SUN | 10 AM – 10 PM\*

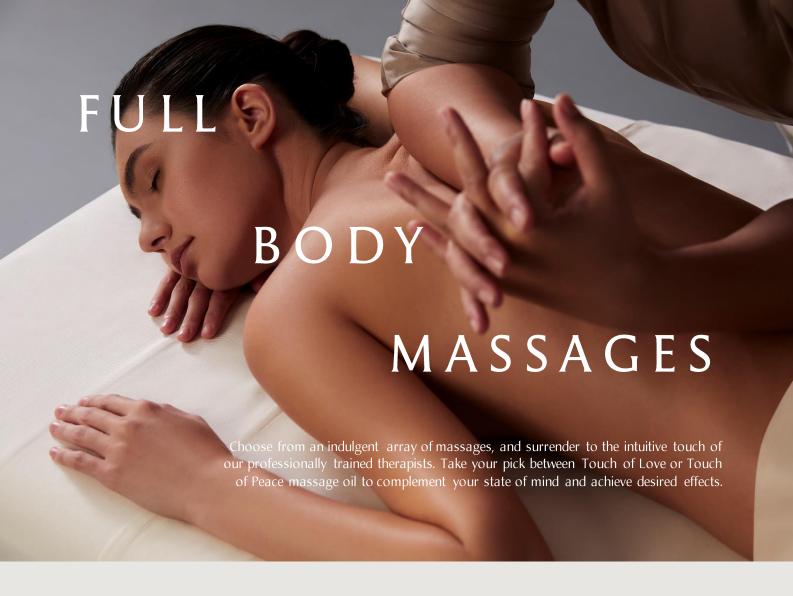


90-minute treatment AED 1200

120-minute treatment AED 1400

150-minute treatment AED 1500

- 60-minute Body Massage
- 30-minute Back Massage or 30-minute Head & Shoulders
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial



Balinese	60-minute treatment	AED 650
	90-minute treatment	AFD 850

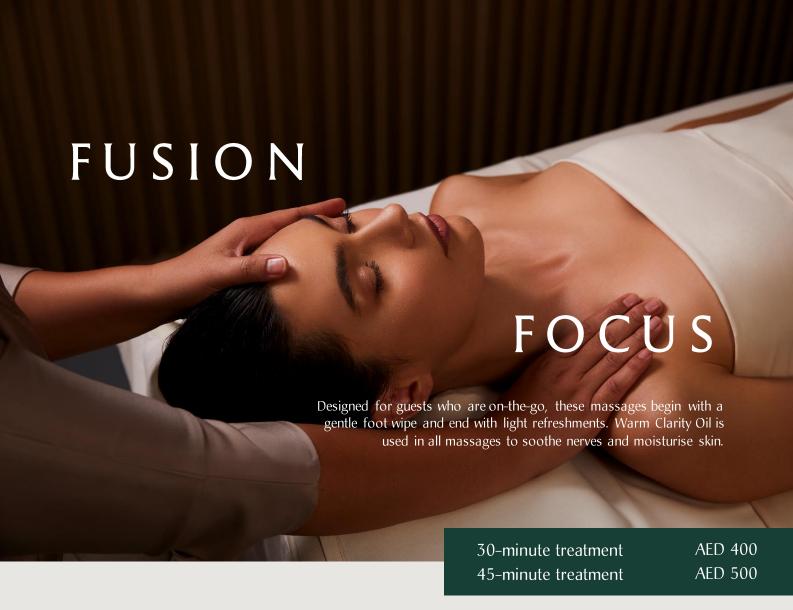
A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Gentle Touch	60-minute treatment	AED 650
	90-minute treatment	<b>AED 850</b>

A soft to medium pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Thai Classic	60-minute treatment	AED 650
	90-minute treatment	<b>AED 850</b>

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

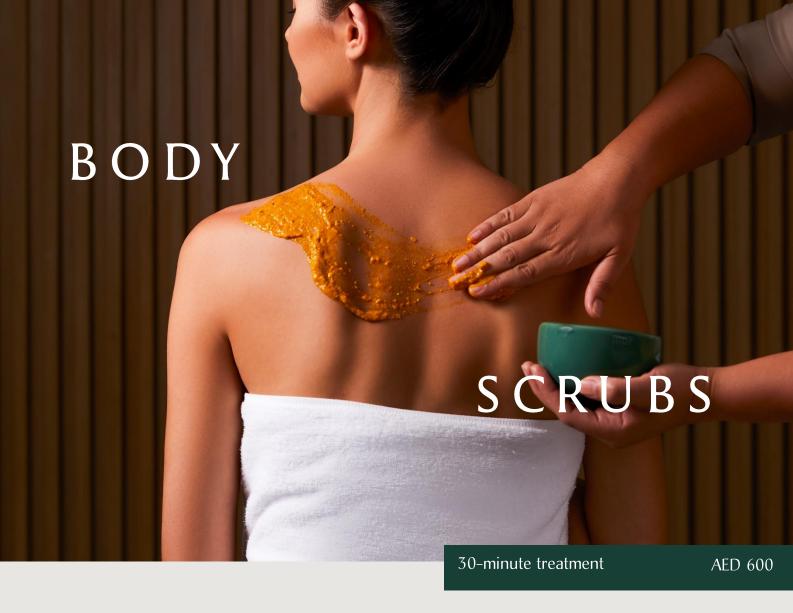


# Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

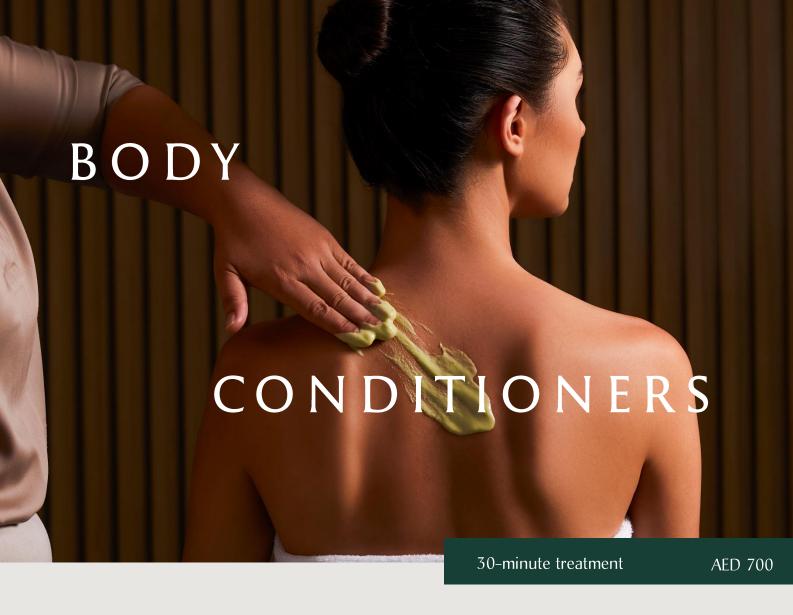
### Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.



Apple Green Tea Polishe	r	for All Skin Types/Sensitive Sl	kin
• •	s a gentle cleanser while the green te feels softer after this treatment and	,	
Ginger Lemon Cleanser		for Oily SI	kin
9 9	paired with the citric fruit acid from lescent of the natural ingredients relax	•	
Kaffir Lime Refresher		for Normal/Oily SI	kin
Fresh lime peels gives a delightful s	cent and acts as an antiseptic. The w	heat germ included in the	

scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

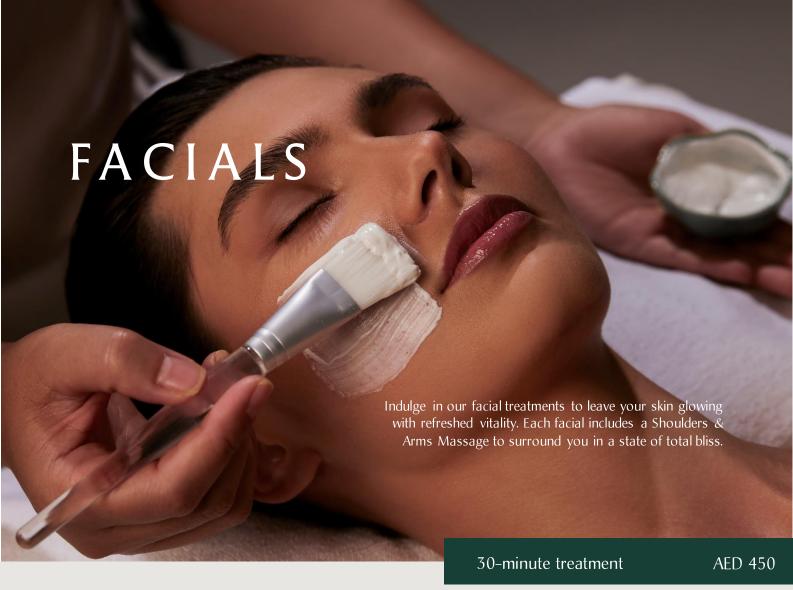


Honey	Avocado Healer	for All Skin T	vpes

The highly moisturising honey and creamy Avocado make up this body conditioner, which improves skin condition and restores softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Kaffir Lime Mask \_\_\_\_\_\_ for All Skin Types

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.



# **Express Facial**

30-minute treatment — for All Skin Types/Sensitive Skin

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing, Scrub, Mask, Moisturise | Cleansing, Massage, Mask, Moisturise | Cleansing, Scrub, Massage, Moisturise